



Apex Vaulting was started in 2007 and since that time we have made it our mission to help athletes of all ability levels reach their potential through hard work, determination, and sound technical and training principles. Whether the athlete's potential is world class or just improve his or her own personal record is inconsequential. Progress and the continual push to increase one's limitations is our aim.

3 Division III NCAA Championships
1 Division III NCAA Record
9 Division III NCAA All-Americans
66 National Qualifiers
57 County Champions
31 State Group Titles
3 State Championships

Apex Vaulting
 123 Chestnut Street
 Garfield, NJ 07026



Summer 2020 Pole Vaulting Sessions

Dates: June 1st - August 16th

*Location: Apex Vaulting
 6 Evans Street
 Fairfield, NJ 07004*

*Contact: Coach Branko Miric
 (201) 669-1828
apexvaulting@gmail.com
www.apexvaulting.com*

The Apex Advantage

Apex Vaulting holds its practice sessions indoors in Fairfield, NJ. It is located at 6 Evans Street, just three miles away from the Willobrook Mall. Enjoy access to over 170 poles, UCS mats, a 130 foot runway, and full weight equipment. The most important benefit our club offers is two hours of instruction. All practices are designed for each vaulter's individual needs.

Practice:

Each practice session is two hours long and is monitored by an Apex Vaulting Coach. Every practice starts with a dynamic warmup and drills that are the foundation to safe and effective pole vaulting. Apex Vaulting practice sessions are designed to increase each athlete's skills and abilities in the pole vault in a progressive manner. Athletes also develop their athleticism with strength training after they complete jumping. Check us out on Instagram to see video and pictures of our athletes jumping and training.

@therealapexvaulting.

You can also learn more about us at apexvaulting.com and facebook.

Schedule:

Mondays -	Saturdays	Sundays
Thursdays	9:30am-Noon	9:30am-Noon
1:00-3:30 pm	12:30-3:00pm	12:30-3:00pm
4:00-6:30 pm		3:30-6:00pm
7:00-9:30pm		

Athletes must pick days and times that they will attend regularly. Athletes cannot show up to an unscheduled practice time.

Packages

Seasonal

This is our best deal and covers practices throughout a 10 week season. There are no make ups, refunds, or pro rates.

Gold Package \$650
3 practice sessions per week
per practice cost \$21.70

Silver Package \$595
2 practice sessions per week
per practice cost \$29.75

Bronze Package \$395
1 practice session per week
per practice cost \$39.50

Monthly

These packages are great for those who cannot commit to an entire season. Pro rating is available for Monthly packages only.

Gold Package \$410
3 sessions per week
per practice cost \$34.16

Silver Package \$320
2 sessions per week
per practice cost \$40

Bronze Package \$225
1 session per week
per practice cost \$56.25

Introductory Package \$150
3 total practice sessions
Must be used within three weeks

(Pay as you go \$65)



Apex Vaulting Registration Information

Name _____

Address _____

City _____ State _____

Zip _____ Age _____ Class _____

High School _____

Email _____

Phone Number _____

Best Performance _____ Package _____

Day or Days and Times
(athletes must pick a schedule)

**There are no make ups or
refunds for missed practices**

Please email us at apexvaulting@gmail.com to confirm what days and times you would like to schedule. You can pay online on our store or bring a check to the first practice you attend.