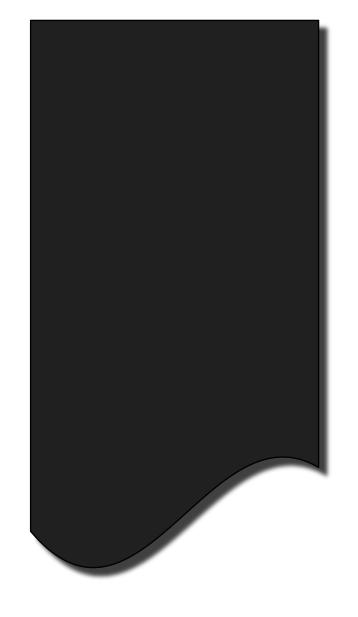


Apex Vaulting was started in 2007 and since that time we have made it our mission to help athletes of all ability levels reach their potential through hard work, determination, and sound technical and training principles. Whether the athlete's potential is world class or just improve his or her own personal record is inconsequential. Progress and the continual push to increase one's limitations is our aim.

3 Division III NCAA Championships 1 Division III NCAA Record 9 Division III NCAA All-Americans 66 National Qualifiers 57 County Champions 31 State Group Titles 3 State Championships



Apex Vaulting 123 Chestnut Street Garfield, NJ 07026

Summer 2020 Pole Vaulting Sessions

APEX VAULTING

Dates: June 1st - August 16th

Location: Apex Vaulting
6 Evans Street
Fairfield, NJ 07004

Contact: Coach Branko Miric
(201) 669-1828
apexvaulting@gmail.com
www.apexvaulting.com

The Apex Advantage

Apex Vaulting holds its practice sessions indoors in Fairfield, NJ. It is located at 6 Evans Street, just three miles away from the Willobrook Mall. Enjoy access to over 170 poles, UCS mats, a 130 foot runway, and full weight equipment. The most important benefit our club offers is two hours of instruction. All practices are designed for each vaulter's individual needs.

Practice:

Each practice session is two hours long and is monitored by an Apex Vaulting Coach. Every practice starts with a dynamic warmup and drills that are the foundation to safe and effective pole vaulting. Apex Vaulting practice sessions are designed to increase each athlete's skills and abilities in the pole vault in a progressive manner. Athletes also develop their athleticism with strength training after they complete jumping. Check us out on intsagram to see video and pictures of our athletes jumping and training. @therealapexvaulting.

You can also learn more about us at apexvaulting.com and facebook.

Schedule:

Mondays -Thursdays 1:00-3:30 pm 4:00-6:30 pm 7:00-9:30pm

Saturdays 9:30am-Noon 12:30-3:00pm Sundays 9:30am-Noon 12:30-3:00pm

3:30-6:00pm

Athletes must pick days and times that they will attend regularly. Athletes cannot show up to an unscheduled practice time.

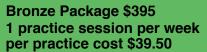
Packages

Seasonal

This is our best deal and covers practices throughout a 10 week season. There are no make ups, refunds, or pro rates.

Gold Package \$650 3 practice sessions per week per practice cost \$21.70

Silver Package \$595 2 practice sessions per week per practcie cost \$29.75



Monthly

These packages are great for those who cannot commity to an entire season. Pro rating is available for Monthly packages only.

Gold Package \$410 3 sessions per week per practice cost \$34.16

Silver Package \$320 2 sessions per week per practice cost \$40

Bronze Package \$225 1 session per week per practice cost \$56.25

Introductory Package \$150

3 total practice sessions Must be used within three weeks

(Pay as you go \$65)



Name

Apex Vaulting Registration Information

Address	
City	_ State
Zip Age	Class
High School	
Email	
Phone Number	
Best Performance	_ Package

Day or Days and Times (athletes must pick a schedule)

There are no make ups or refunds for missed practices

Please email us at apexvaulting@gmail.com to confirm what days and times you would like to schedule. You can pay online on our store or bring a check to the first practice you attend.